Capstan and Winch Operator Training Course
Experienced/Novice/Refresher (1 day)

Course Details
Title: Capstan and Winch training.
Experienced/Novice/Refresher (1 day)
Type: Training Course
Duration: 1 Day

The regulations governing the use of capstan/ winch appliances and lifting equipment are extensive and cover all aspects of winching operations. Any winching operation can be potentially hazardous unless the correct equipment and working practices are employed, with the responsibility for this resting with the Capstan and Winch operator. By applying knowledge and understanding correctly, while working you will greatly improve safe and successful operations.

Who is it for?
The course is mainly aimed at the aquaculture industry where Capstan operation is almost in daily use, but this training is ideal for anyone who uses or will be using a Capstan or Winch either on a Vessel, barge or floating or fixed structure.

What will you get from it?
When you’ve taken this training, you will:
• Know a range of tasks for which the Capstan/Winch is capable.
• Understand the legislation and safety requirements necessary for the use of the Capstan.
• Understand the purpose of the machine components, their functions and controls.
• Explain the safe working load, its attachments and any ancillary equipment used.
• Demonstrate correct work planning for winching operations including ability to recognize conditions that limit the procedure and use of assistant.
• Carry out routine pre-use inspection of the capstan or winch including the rope accessories and equipment.
• Carry out routine operator maintenance procedures for the equipment to prescribed standards.
• Demonstrate effective operation of the Capstan or Winch.
• Set the Capstan/Winch in a safe mode.
• Select correct personnel and where they should be standing
• Operate Capstan or Winch within safe working parameters and to a prescribed standard.
• Secure the load for work purposes
• Inspect the equipment after use and prepare for transport or storage.

Course sessions:
Sessions for this training include:
• Health and safety PUWER and LOLER.
• Components used in lifting operations.
• Attachments and accessories.
• Safe working load.
• Risk management.
• The operating area
• The lifting plan.
• Signalling
• Pre-use checks.
• Operating in the work area.
• Electricity.
• Permit to work.
• Lifting accessories.

Things you need to know:
Duration (1 day)
Delivery (classroom/ practical)
Max numbers of learners  4
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